




# Assisted Delivery Discussion Guide

Use this guide in team discussions about assisted vaginal delivery or C-section. Assisting delivery may be appropriate if your condition meets these criteria, but **discuss with your team what is best for you and your baby** (see *Labor Support Guide for options*).

	What are your reasons for considering assisted delivery?		What are the MINIMUM conditions for assisted delivery?*
	Request	➔	<input type="checkbox"/> You believe that assisted delivery is the best option for you after discussion with your care team
	Concerns about well-being	➔	<input type="checkbox"/> Ongoing slow heart rate OR <input type="checkbox"/> Far away from delivery with either: <ul style="list-style-type: none"> <li><input type="checkbox"/> Repeated slow downs in heart rate that do not improve with support</li> <li><input type="checkbox"/> High heart rate that does not improve with support</li> </ul>
	Slow induction	➔	Either: <ul style="list-style-type: none"> <li><input type="checkbox"/> Early labor (4 cm or less) for 24 hours or more</li> <li><input type="checkbox"/> Medications to support contractions and waters broken for 15 hours or more</li> </ul>
	Slow progress	➔	No cervical change with waters broken and 6 cm or more dilated with either: <ul style="list-style-type: none"> <li><input type="checkbox"/> Good contractions for 4 hours or more</li> <li><input type="checkbox"/> Medications to support contractions for 6 hours or more</li> </ul>
	Prolonged pushing without progress	➔	Either: <ul style="list-style-type: none"> <li><input type="checkbox"/> Pushing for at least 3 hours if this is your first labor</li> <li><input type="checkbox"/> Pushing for at least 2 hours if you have labored before</li> </ul>

\* Minimum conditions based on ACOG and SMFM Obstetric Care Consensus on Safe Prevention of the Primary Cesarean Delivery

UMass Memorial Medical Center complies with applicable Federal and Massachusetts civil rights laws and does not discriminate on the basis of race, color, national origin, citizenship, alienage, religion, creed, sex, sexual orientation, gender identity, age, or disability.

- Español (Spanish)- ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 774-441-6793 (TTY: 711).
- Português (Portuguese); ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 774-441-6793 (TTY: 711).